



Backpacks for Appalachia • Supply List

Required Items:

- 1 **school supply pouch** filled with:
sharpened #2 pencils, a small sharpener, a pack of colored pencils, ink pens, and a pack of crayons.
- 1 **refillable water bottle**
- 1 quart-size Ziploc bag with **candy treats**
(ex., Skittles, Smarties, lollipops or anything non-chocolate)
- 1 gallon-size Ziploc bag with **personal items**
(ex., toothbrush, toothpaste, hairbrush, travel-sized soap, shampoo)
- 1 gallon-size Ziploc bag with **single-serve food items**
(ex., cheese crackers, squeeze applesauce, granola bars, animal crackers)
- 1 set of **winter gloves and hat**
- 1 pack of **socks**
- Add a **personal note/card** from you and your family
(add a photo to make it more personal)

Optional Items:

- 1 small non-electronic toy (no toy guns or knives)
- Journal, coloring book, activity book (age-appropriate)
- Kid-themed bandages/ band aids
- Sunglasses
- Small stuffed animal
- Baseball cap
- Deflated sports ball and pump